

## Overall Winners

Male			
1	32.20	Samuel Moakes	M UNDER 20
2	34.49	Paul Martelletti	M SENIOR
3	35.03	Daniel Robinson	M SENIOR

## Age Category Winners

<b>UNDER 20</b>	37.21	Birtie West	M UNDER 20
<b>V40</b>	38.11	Hunter Ian	M V40
<b>V50</b>	38.20	Simon Allen	M V50
<b>V60+</b>	46.01	Robert Booth	M V60

**Female**

Sutton in Ashfield Harriers and athletics club	39.02	Joasia	Zakrzewski	F V40
Victoria Park Harriers and Tower Hamlets AC	39.39	Hayley	Gill	F V40
Birmingham Running Athletics & Triathlon Club (BRAT)	39.50	Laura	Bailey	F UNDER 20
Matlock AC	48.44	Rosie	Greenwood	F UNDER 20
Ilkeston RC	44.13	Louise	Rowley	F V40
	49.22	Linda	Meyrick	F V50
North Derbyshire RC				

Durham City Harriers & AC  
Matlock AC

Ripley RC

Belper Harriers

Lonely Goats RC