

Alfreton 5k Results - 25th September

3 Laps	Name	Time
1	Christian Howett	18.58
2	Shaun Martin	19.18
3	Ted Phillips	19.59
4	Ryan Orton	21.45
5	Neil Worthy	22.12
6	Matt Baker	22.25
7	Chris O'Donnell	23.11
8	Ian Martin	24.21
9	Tim Donovan	24.50
10	Colin Smith	25.02
11	Bupendra Parmar	25.28
12	Emma Phillips	27.20
13	Angela Bent	27.40
14	Lorraine Griffiths	28.56
15	Claire Durose	30.56
16	Angela Saunders	35.13

2 Laps	Name	Tme
1	Fran Howett	18:49